

# Claremont Fresh Volunteer Protocol

Below is the Protocol that we've outlined for food delivery:

## Match System

You will be matched with an at-risk resident near your street address

We will provide you with their information, preferred grocery store, shopping list, and their preferences.

Contact your match to introduce yourself and ask for any specific instructions or preferences.

## Safety & Health

Wash your hands: wash your hands thoroughly before and after volunteering

Try to deliver the groceries & items by dropping them off at the front door. Text your match when you arrive at their house or close to arriving to avoid contact.

No matter what, try to remain at least 6 feet away from any other person including your match and people at the grocery store.

Do not touch any doorbells, door handles with skin contact if possible.

Do not enter the home of your match even if invited in, except in circumstances where the match needs assistance with heavier items

Try to shop during non-peak hours

If possible wash or wipe all the supplies with isopropyl alcohol or whatever is at your disposal.

Wear cloth masks while shopping and while delivering the groceries.

Follow all the guidelines provided by the CDC mitigate community spread: [CDC guidelines here](#)

**Thank you again for your help and service during this time!**

Contact us at [claremontfresh@gmail.com](mailto:claremontfresh@gmail.com)

